

SUNDAY LUNCH

SERVED 1PM – 3.30PM

SUNDAY BRUNCH

Eggs Benedict (GF.B) £8.00*Poached Eggs, Toasted English Muffin,
Yorkshire Ham, Hollandaise Sauce***Eggs Royale (GF.B) £9.00***Poached Eggs, Toasted English Muffin,
Smoked Salmon, Hollandaise Sauce***Avocado Smash (GF.B) £7.95***Poached Eggs on English Muffin,
Smashed Avocado, Salsa**Add Smoked Salmon £2.00**Add Bacon £1.50*

SIDES

Chips £3.75**Fries £3.00****Sweet Potato Fries £3.50****Coleslaw £2.50****Mixed Salad £3.00****Seasonal Vegetables £3.00**

BURGERS & SANDWICHES

Soz Beef burger £12.00*Smoked Cheese, Onion Chutney, Lettuce,
Gherkins, Coleslaw, Onion Rings and Fries***Spiced Bean Veggie Burger (GF.B) £10.95***Smoked Cheese, Smoked Paprika Mayo, Lettuce,
Gherkins, Coleslaw, Onion Rings and Fries***Roast of the Day Sandwich & Gravy £10.95****Fish Butty £9.95***Tartar Sauce & Salad***Tuna Mayo (GF.B) £9.95***Red Onion***Ham & Cheese (GF.B) £9.95***Yorkshire Ham***Cheese & Pickle £9.95****Prawn Marie Rose & Avocado (GF.B) £9.95***All Sandwiches served on Warm Ciabatta Bread with
Vegetable Crisps, Mixed Salad and Appetizer Soup*

SMALLER PLATES

Home Made Soup of the Day (GF.B) £5.50*Bread & Butter***Fishcake £8.95***Fries, Side Salad and Tartar Sauce***Halloumi Tart £8.50***Side salad, Sweet Chilli Dip and Sweet Potato Fries***Toasted Tea Cake £3.00***Butter and Jam***Home Made Fruit Scone £2.80 / £3.20***Butter and Jam / Jam and Cream***Home Made Cheese Scone £2.80 / £3.20***With Butter / Chutney*

NIBBLES

Olives (Vegan) £2.95**Olives & Feta £3.95****Bread Basket with Olive Oil
& Balsamic £3.95****Mixed Nuts £3.25****Hummus, Pitta & Vegetable Crisps £3.95**

SALADS & SHARING

*(All Salads Are Served
With Warm Ciabatta Bread)***King Prawn Salad (GF.B) £9.00***King Prawns, Mixed Salad, Roast Vegetables,
Red onion and Dill Dressing***Chicken Taco Salad / Wrap (GF.B) £9.00***Fajita Chicken, Baby Gem, Avocado, Tomatoes, Sweetcorn,
Tortilla Chips, Sour Cream**Add a Cup of Soup to Any Salad for £2.50***Mushroom & Walnut Risotto (GF.B) £9.50***Parmesan Cheese, Rocket**(add Chicken for £2.00)***The Barrows Yorkshire Board (GF.B) £16.25***Selection of Local Cheeses, Yorkshire Ham, Spiced Tomato Chutney,
Onion Marmalade, Pickles, Leaves, Ciabatta Bread and Butter***The Barrows Yorkshire Board for one (GF.B) £8.50**

*(GF) GLUTEN FREE

*(GF.B) GLUTEN FREE WITHOUT THE BREAD

THE BARROWS

· BISTRO ·

TRADITIONAL SUNDAY LUNCH

☞ SUNDAY ROAST ☜

Sunday Roast £13.99

*Served with Roast Potatoes, Seasonal Vegetables,
Cauliflower Cheese, Yorkshire Pudding and Rich Gravy*

Roast of the Day

Fish of the Day

Pie of the Day

Nut Roast (VE)

Mushroom & Walnut Risotto (GF.B) £9.50

Parmesan Cheese, Rocket

(add Chicken for £2.00)

☞ DESSERTS ☜

Apple and Mixed Berry Crumble £5.50

(Choice of Custard, Cream, or Ice Cream)

Sticky Toffee Pudding and Toffee Sauce £5.50

Slice of Cake from Today's Cake Selection £4.50

*(Malteser, Oreo, Banoffee, Cherry Bakewell,
Coffee and Walnut, Sticky Toffee, Salted Caramel, Baileys,
Lemon and Elderflower, Lemon and Blueberry,
Raspberry and White Chocolate,
Lemon and Raspberry)*

THE BARROWS

- BISTRO -

SUNDAY MENU FOR THE LITTLE ONES

Traditional Sunday Roast £7.95

(Served with Roast Potatoes, Yorkshire Pudding, Rich Gravy and Seasonal Vegetables)

Homemade Chicken Nuggets £6.00

(Served with Fries, Choice of Baked Beans / Peas)

Homemade Mini Fish £6.00

(Served with Fries, Choice of Baked Beans / Peas)

Sandwiches £5.00

(All Served with Fries, Carrot and Cucumber Sticks)

Tuna Mayo

Roast Ham and Cheese

Roast Ham

Cheddar Cheese



Kids Ice Cream £ 2.50

Chocolate or Strawberry

Kids Chocolate or Strawberry Milkshake £2.20

Kids Hot Chocolate and Marshmallows £2.20

Babyccino £1.60

(Frothy Milk with Chocolate Sprinkle and Marshmallows)

Capri Sun Orange / Blackcurrant £1.50